

# Watch for Wellness and You! Menu Solutions...

...good food that tastes great is your reason for eating healthy!

Wellness entrees and salad recipes were developed by our regional and national chefs and dietitians.

Better By Design has healthier cuisine...

#### Hours

**Monday - Friday** 7:00am - 4:00pm

Saturday - Sunday - Holidays CLOSED

## Let us cater your next event or meeting

Office Phone 302-255-4498 Fax 302-255-4499 Kitchen Phone 302-2554505 Dining Room Phone 302-255-4503

#### Holloway's Hideaway

Week of Monday September 18

#### Monday

Soup:	Pasta E Fagioli Soup	1.59/1.99
Sandwich:	Parisian Baguette with Ham & Gruyere	3.79
Pizza:	Spinach & Mushroom Pizza	2.69
Chefs Features:	Rotini Casserole with Ricotta & Tomatoes	3.49
	Crunchy Battered Cod	3.65

#### Tuesday

Soup:	Beef Noodle Soup	1.59/1.99
_	Forest Mushroom Bisque	1.59/1.99
Sandwich:	Fresh Mozzarella & Tomato on Focaccia	4.29
Grill:	Grilled Reuben Sandwich	3.79
Chefs Features:	Parmesan Chicken Breast	3.29
International:	Taco Beef Soft or Hard Tacos	1.99 for 2

### Way Out Wednesday .79c Nachos

Soup:	Oregon Tomato Vegetable Chowder	1.59 / 1.99
-	Vegetarian Chili	1.59 / 1.99
Sandwich:	Peppered Turkey with Jack & Red Onion	3.59
Chefs Features:	Jerk Chicken	3.45
	Ravioli with Marinara Sauce & Parmesan	3 45

#### **Thursday**

Soup:	Cauliflower Cheese Soup	1.59/1.99
	Genovese Minestrone Soup	1.59/1.99
Sandwich:	Plum Tomato, Cheese & Garlic Mayonnaise Panini	3.99
Grill:	Buffalo Chicken Strip Sandwich	3.49
Chefs Features:	Salisbury Steak / Mushroom Gravy	3.65
	Southern Fried Chicken	3.65

#### Friday

Soup:	New England Clam Chowder	1.59/1.99	)
	Two Mushroom Barley Soup	1.59/1.99	)
Sandwich:	Pulled BBQ Beef Sandwich	3.65	
Grill:	Eggplant Parmesan Sandwich	3.49	
Chefs Features:	Lightly Seasoned Tilapia Fillet	3.45	
International:	Taco Salad Bowl	4 99	

Try one of our combo meals Add fries or 2 sides and a medium fountain soda For only \$1.99

We have a variety of items available daily:
Pizza / Burgers / Jumbo Hot Dogs
Deli Sandwiches / Salad Bar / Wings
Just to name a few
Made to order or ready to go in our Grab N Go case







